


Spring 2015

Sacred Approaches to Mental Health Issues

The University of Maine College of Liberal Arts and Sciences

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Brittany Brackett <brittany.brackett@maine.edu>

CA/DLS Grant Application from

1 message

UM Web Office <umweb@umaine.edu>

Wed, Mar 18, 2015 at 8:31 PM

To: cadls@maine.edu

Name

Dr. Melissa Ladenheim

Address143 Estabrooke Hall
University of Maine
Orono, ME 04469**Email**

melissa.ladenheim@umit.maine.edu

Administrative Unit

College of Liberal Arts and Sciences

Name of Administrator approving the Project (approval indicates awareness of the commitments outlined in this grant proposal)

Dr. Tim Cole, Associate Dean, CLAS, Dr. Melissa Ladenheim, Judaic Studies Coordinator

Project Title

Sacred Approaches to Mental Health Issues

Date(s) of Event

October 22, 2015

List of individuals or groups directly involved in the project, such as speakers/performers, for which you are requesting honoraria:Rabbi Richard Address, Founder and Director of www.jewishsacredaging.com**Project Abstract**

The Judaic Studies Program at the University of Maine has invited Rabbi Richard Address, Founder and Director of www.jewishsacredaging.com, to campus in October 2015 to deliver a presentation entitled "Sacred Approaches to Mental Health Issues." Using Jewish tradition as a starting point, this lecture offers ways of thinking about mental illness and examines how the sacred impacts our understanding and approaches to it. Specifically, the program will "explore the traditional definitions of a person dealing with mental illness, trace the diagnostic approach that tradition gives us and examine how the sources can inform us in dealing with current situations" (www.jewishsacredaging.com).

Program Description

The Judaic Studies Program at the University of Maine has invited Rabbi Richard Address, Founder and Director of www.jewishsacredaging.com, to campus October 21-25, 2015 to give a presentation and workshop entitled "Sacred Approaches to Mental Health Issues." Using Jewish tradition as a starting point, this program offers ways of thinking about both those who suffer from mental illnesses as well as those who care for them, and examines how tradition shapes our understanding of and approaches to the issues. Specifically, the presentation will "explore the traditional definitions of a person dealing with mental illness, trace the diagnostic approach that tradition gives us and examine how the sources can inform us in dealing with current situations"

(www.jewishsacredaging.com).

Rabbi Address's Sacred Aging project was founded in response to the demographic changes in lifespan in the late twentieth and early twenty-first centuries and the concomitant issues of aging as they effect both the Jewish community specifically and the larger population generally. The goal of the project is raising awareness through education of the physical and psychological ramifications of aging and the resources available to deal with them. As such Rabbi Address's work is squarely in line with the Emerging Area of Research on Aging at the University of Maine and would complement the efforts of those particularly at the Center on Aging, but also would be of interest to those in Nursing, Social Work and Counseling.

While at UM, Rabbi Address will be a visiting lecturer in the class "Introduction to Judaism" (JST 200) and the featured guest at a breakfast hosted by Honors and Judaic Studies. Additionally, during his stay in Maine, Rabbi Address will give a second talk, "Jewish Approaches to Health and Wellness" at Congregation Beth El in Bangor on Saturday, October 24, 2015.

Rabbi Address was ordained at the Hebrew Union College-Jewish Institute of Religion (HUC-JIR) in 1972 and received his Doctorate of Ministry from HUC-JIR in 1999. He also holds a Certificate in Pastoral Counseling. Rabbi Address was on the staff of the Union for Reform Judaism for over thirty years and in 1997 became Founder and Director of their Department of Jewish Family Concerns. He has authored numerous publications on the issues of aging including "Till Death Do Us Part? A Look at Marriage Rituals When a Partner Has Alzheimer's Disease" in *Generations—Journal of American Society on Aging* (2011), "Creating Sacred Scenarios: Opportunities for New Rituals and Sacred Aging" in *Religion, Spirituality and Aging: A Social Work Perspective* (2005) and *Seekers of Meaning: Baby Boomers, Judaism and the Pursuit of Healthy Aging* (2011), among others.

Audience

I am planning on reserving the Bangor Room for Rabbi Address's talk on October 22 and anticipate the subject matter will attract a number of different constituents on campus including those affiliated with the Center on Aging as well as faculty, students and staff from Nursing, Social Work, Counseling, Psychology, plus Student Affairs and the Counseling Center—all departments and units I will be contacting. Given the stats on mental health issues on our campus across the various groups (based on Doug Johnson's and Kenda Scheele's recent workshop), I think this presentation is both timely and valuable.

Given Rabbi Address's expertise on issues of aging, I think there is also potential to reach out to the broader community (see below on publicity) such as residents of Dirigo Pines, who may very well like to attend this talk.

I also expect residents of the area's Jewish community will be in attendance. As such, I anticipate the Bangor Room will be at or near capacity.

Publicity

The Judaic Studies program is partnering with Congregation Beth El in Bangor to bring Rabbi Address to Maine to do a series of programs at the University of Maine and in Bangor. We will both use traditional forms of media to advertise the programs (posters, flyers, newspaper ads, Beth El's newsletter) as well as take advantage of electronic media (Fb, Twitter, websites, CLAS weekly calendar, Announcements and Alerts).

Partnering with Beth El will provide access to the larger community as we tap into that network and reaching out to the units named in the description of the potential audience will allow greater exposure.

Amount requested from CADLS

\$1000

Other funding request

Jewish Community Endowment Associates (requested): \$2930
 Honors College (committed) 600
 Judaic Studies Program (committed) 750

If the CADLS Committee cannot award at the level you request, which items in your budget would have highest priority for these funds?

All the funds requested from CADLS are designated for the honorarium for the speaker. Depending on the size

of the reduction, the Judaic Studies Coordinator would attempt to make up the difference by seeking funds elsewhere. If the reduction was a significant one, she would have to seriously consider rescinding the invitation as the Judaic Studies Program does not have the resources in its budget to cover this expense beyond what has been committed.

Budget Proposal Form must be attached

- Judaic-Studies-CADLS-proposal-budget-2015.xlsx

Cultural Affairs/Distinguished Lecture Series Fund
Budget Form

Applicant/Organization
Responsible Officer: Dr. Melissa Ladenheim, Judaic Studies Coordinator
Event Title: Sacred Approaches to Mental Health Issues
Event Date: 22-Oct-05

Total Program Budget: \$5,280.00
Amount Committed by Applicant Organization: \$750.00
Funding Requested from other funding sources (please list below) \$3,530.00

Jewish Community Endowment Associates: \$2930
U Maine Honors College: \$600

Program revenues (if applicable) \$0.00
Amount Requested from CA/DLS Committee: \$1,000.00 *

*Please note requests may not exceed 50% of the total program expenses

*Please see guidelines for budget exclusion details.

Cultural Affairs/Distinguished Lecture Series Fund

Budget Form

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Budget Detail

Honoraria/Services (list individuals below)	CA/DLS Request	Match/other funds
<i>Rabbi Richard Address</i>	\$1,000.00	\$2,000.00
Travel (mileage, airfare expenses)		\$550.00
Lodging (amount per day x # of days)		\$600.00
Meals (at per diem rate)		\$230.00
Advertising		\$200.00
Printing		\$50.00
Supplies and Materials		
Other (must specify below)		\$650.00
Breakfast with Honors and Judaic Studies students, refreshments at talk on 10/24		
Judaic Studies Coordinator's time		
Total Expenses	\$1,000.00 *	\$4,280.00

*Please see guidelines for budget exclusion details.

The University of Maine Judaic Studies Program presents
Exploring The Sacred, Aging, and Wellness:

Sacred Approaches to Aging and Mental Health

Thursday, October 22: 3:30-5:00pm

Arthur Hill Auditorium, Barrows Hall, University of Maine

**Sacred Aging and the Role of Elders:
an interfaith panel discussion**

Friday, October 23: Noon-1:30pm

The Wilson Center, 67 College Ave, Orono

Lunch will be provided. This program is part of the Wilson Center Interfaith Luncheon Series.

Sacred Approaches to Health and Wellness

Saturday, October 24: 7pm

St. Joseph Healthcare Park, 900 Broadway, Bangor

Refreshments will be provided.

All talks are free and open to the public.



Rabbi Richard F. Address is Founder and Director of Jewish Sacred Aging and the website **www.jewishswacredaging.com**. This initiative grew out of his work with the Union for Reform Judaism (URJ) as their Specialist for Caring Community and Family Concerns. Here he advised congregations on how to become "caring communities" seeking to embrace a "theology of sacred relationships."

From 2011-15, he was the senior rabbi of Congregation Mkor Shalom in Cherry Hill, N.J. Rabbi Address also serves as the co-chairman of the Interfaith Working Group on Spirituality and Diversity for the Coalition to Transform Advanced Care (C-TAC), and in 2013 Rabbi Address created and currently hosts a weekly radio show heard in the Philadelphia area called: "Boomer Generation Radio".

Sponsored by: *The University of Maine Judaic Studies Program • Cultural Affairs and Distinguished Lecture Series • Office of Research • Center on Aging • Honors College School of Nursing • College of Liberal Arts and Sciences • the Jewish Community Endowment Associates • Congregation Beth El • The Wilson Center • St. Joseph Healthcare*

Cultural Affairs/Distinguished Lecture Series Grant Report Form

Applicant Organization: Judaic Studies Program
Project Title: Sacred Approaches to Aging and Mental Health
Contact Name: Tim Cole and Melissa Ladenheim
Campus Address: Stevens Hall; 143 Estabrooke Hall
Phone: 581-3844 ; 581-3264
E-mail: tmcole@maine.edu; melissa.ladenheim@maine.edu

Was the project carried out as outlined in the proposal? If not, which aspects of the project's scope and/or budget were modified, and why? What impact did the modifications have on the project?

Yes, with one change. Rabbi Address gave a lecture at UMaine on Oct. 22rd as planned, but instead of having breakfast with Honors students on Oct. 23rd, we were instead able to organize a luncheon in collaboration with The Wilson Center as part of their interfaith luncheon series. Rabbi Address was the featured speaker and he offered remarks on sacred approaches to elders and aging. He was joined on the panel by Rev. Lorna Grenfell of the Church of Universal Fellowship and Omar Conteh from the Islamic Center of Maine in Orono who spoke on the topic from the perspective of their faith traditions.

The impact of this change was primarily in terms of the audience and outreach. By partnering with The Wilson Center, the luncheon program enabled us reach a much wider audience drawn from both the university and community. As well, on a broader level, these kinds of collaborations are critical to one of the founding principles of The Judaic Studies Program, which is to foster dialogue among different faiths toward mutual understanding.

In addition to the programs given by Rabbi Address at UMaine and The Wilson Center, he did a series of programs at Congregation Beth El on Oct. 23rd and 24th, and also gave a talk on Oct. 24th as part of a program co-sponsored by Congregation Beth El and St. Joseph Healthcare.

How many people attended the event(s)? Indicate whether figures are actual or an estimate. If possible describe the different audiences that this program served (i.e. UMaine Students, general community, teachers, etc.).

Approximately 25 people attended the talk given by Rabbi Address at UMaine on Oct. 23rd. The audience consisted of both university (faculty, staff and students) and community members. The talk was very well-received and was followed by lively Q&A.

The luncheon at The Wilson Center also attracted an audience made up of students, staff and faculty from UMaine and members of area communities. There were approximately 40 people at the luncheon representing a range of faith traditions.

How was the event promoted? Please attach copies of promotional material.

The series of talks given by Rabbi Address during his visit to UMaine were vigorously promoted both on and off campus by The Judaic Studies Program and Congregation Beth El, the primary sponsors of these events. Both print and electronic media were used to promote the event including: a poster which was displayed around campus and community venues*, newspaper features on the event (<http://bangordailynews.com/2015/10/14/next/sacred-aging-sanctifying-the-passage-of-our-years/>), the weekly list of events produced and distributed by the College of Liberal Arts and Sciences, Congregation Beth El's weekly email announcements of events, email to the Judaic Studies Program Advisory Board and local organizations with an interest in the topic, Facebook pages of co-sponsoring organizations as well as UMaine's Hillel, and public announcements.

*(The poster was shared on the state-side network of the Masons.)

Please attach a final budget to this form, using the CAC/DLS Budget Proposal form at <https://umaine.edu/president/culturalaffairs/application/> to show actual expenditures for the project.

(Note: this link did not work, so the budget is included below):

Speaker's Fee for UMaine and Wilson Center talks:	\$1000
Speaker's Fee for Beth El and St. Joseph Healthcare programs:	2000
Transportation (air fare: \$342 + car rental: \$255):	597
Housing (in-kind from the Honors College):	600
Food (dinners, Wilson Center luncheon refreshments):	900
Mailing and Publicity	300
Custodial Services (Congregation Beth El)	150
Total:	\$5547

Contributors to these events:

Jewish Community Endowment Associates

Cultural Affairs/Distinguished Lecture Series

Judaic Studies Program

Congregation Beth El

St. Joseph Healthcare

The Wilson Center

UMaine: Honors College, Office of Research, LAS, Center on Aging, School of Nursing